

8. LLANDYSUL/PONT TYWELI South Walk

Distance and Estimated Time: Llandysul/Pont Tyweli South walk – 9km (5.6 miles) 2½ hours excluding rest stops. Many of the walks in the Llandysul area can be interlinked to increase or shorten the distance walked.

Terrain: The walk follows the disused railway alongside the Afon Tyweli, through a fairytale woodland, along country lanes and across open farmland with fine views across the valley to the Carmarthenshire and Pembrokeshire hills. There are a few steeply uphill sections and walking boots and gaiters are recommended after heavy rain. Dogs should be kept on a lead.

Suitable for: Moderately fit walkers.

Grade: B in accord with the criteria on page 1.

Start: Car park in Llandysul is at OS SN418406.

Refreshments: Llandysul offers a choice of cafés, restaurants and traditional pubs (www.llandysul-Ponttyweli.co.uk) and picnic benches are located in the park adjacent to the car park and bus stop.

Public Toilets: Llandysul – Car park (accessible by disabled persons and has baby changing facilities) OS SN418406.

Maps: O/S map Explorer 185 1:25000 Newcastle Emlyn/Castell Newydd Emlyn.

Route Options:

Longer options – Combine this walk with:

- Walk 7 – Llandysul/Pont Tyweli North walk (4km, 1½ hour longer excluding rest stops).
- At the start or end of the walk try walk 1 – Llandysul town historic walk an additional (1.6km, 1 hour longer excluding rest stops).

South Llandysul/ Pont-Tyweli Walk



© Crown copyright. All rights reserved Ceredigion County Council, 100024419, 2011.

Detailed route description

Llandysul car park to the disused railway

Leave the car park in Llandysul town centre and turn left onto New Road . After 300m turn left onto Bridge Street and follow the road to cross the Llandysul Bridge over the Afon Teifi. Turn right and continue along the road for 300m, passing Llandysul Paddlers bunkhouse and the Pwerdy - Powerhouse Community and Arts Centre. At the Half Moon Pub turn left and follow Heol y Dderwen for 250m. Cross over the bypass and turn left immediately (waymarked) ① onto a narrow lane leading down to the disused railway track.

Disused railway to Penpistyll farm

Follow the disused railway line for 1.3km to a gate. Go through the kissing gate to its right and turn left to follow the road past Typoeth house and Typoeth Cottage. Turn right at the next junction ② and after 25m take the lane sign-posted Felin Gwyddil. Pass Felin Gwyddil house and Penpynfarch house before descending to the stream. Ford the stream (*alternatively turn left and after 30m cross a bridge. Ascend the track for 60m to gain the forest track running leftwards*) and follow the track gently leftwards and uphill for 150m. Turn sharply right onto the next track and at the next sharp left hand bend in the forest track continue straight ahead. Cross a stile after 100m, onto a narrow, slightly overgrown, path (wire fenced to the right) that curves slowly leftwards ③ and runs gently uphill along a narrow valley and stream. At the top of the path go through a gate, turn left to enter Penpistyll farmyard and then take the exit to the right of the farmhouse.

Penpistyll farm to Llandysul car park

Walk down the farm lane to the road, turn left and after 50m turn right ④ down a wide track (Blaengwrfach Isaf). After 250m take a kissing gate on the right (waymarked), follow the left hand boundary fence to a metal gate and go through it. Cross the top of the next field to gain a farm track (gate) at a small copse of trees. At the track/lane junction at Llwyn Ffynnon Uchaf farm turn right and follow the lane to the main road. Turn left and follow the main road for 600m to a coal yard ⑤ on the right and a kissing gate. Descend the field following the right hand field boundary (fence posts half way) and go through a kissing gate in the bottom right hand corner. Follow the right-hand field boundary steeply downhill to the bottom right hand corner and a kissing gate. Turn left onto the road passing Troed Rhiw Fawr and at the next junction (30m) continue straight on (Heol y Dderwen), passing many houses, to cross the flyover after 500m. At the next junction (Half Moon Inn) turn right and follow the road for 320m to the bridge. Retrace the remainder of walk to Llandysul car park.