

7. LLANDYSUL/PONT-TYWELI North Walk

Distance and Estimated Time: 6.5km (4 miles) 2½-3 hours excluding rest stops. Many of the walks in the Llandysul area can be interlinked to lengthen or shorten the distance walked.

Terrain: This, all season, walk takes you through parkland, country lanes, across open farmland with fine views across Llandysul, the Clettwr valley and the Carmarthenshire hills. There are a few steeply uphill sections and walking boots and gaiters are recommended after rain. Dogs should be kept on a lead.

Suitable for: Anyone.

Grade: C in accord with the criteria on page 1.

Start: Car park in Llandysul town centre OS SN418406.

Refreshments: Llandysul offers a choice of cafés, restaurants and traditional pubs (www.llandysul-ponttyweli.co.uk) and picnic benches are located in the park adjacent to the car park and bus stop.

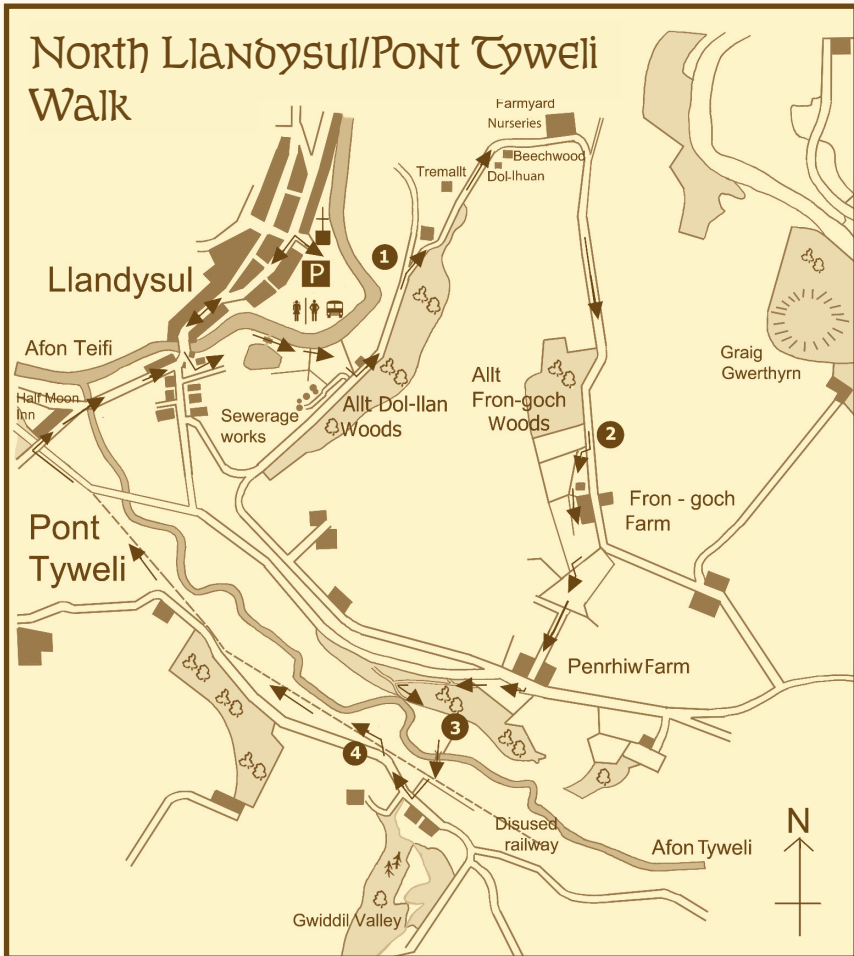
Public Toilets: Llandysul – Free car park (accessible by disabled persons and has baby changing facilities) OS SN418406.

Maps: O/S map Explorer 185 1:25000 Newcastle Emlyn/Castell Newydd Emlyn.

Route Options:

Longer options – Combine this walk with:

- Part of walk 8 – Llandysul/Pont Tyweli South (5km, 2 hours longer excluding rest stops).
- At the start or end, add walk 1 – Llandysul town historic walk an additional (1.6km, 1 hour, excluding rest stops).



© Crown copyright. All rights reserved Ceredigion County Council, 100024419, 2011.

Detailed route description

Llandysul Car Park to Fron-goch Woods

Leave the car park in Llandysul town centre and turn left onto New Road. After 300m turn left onto Bridge Street and cross the bridge over the Afon Teifi. Turn left just after the Llandysul Paddlers outdoor shop and walk to the right of Llandysul Paddlers warehouse. Follow the river bank past a man made lake, over a wooden footbridge and cross a stile. Follow a waymarked track uphill to a gate and a stile just right of Tanrallt house. Turn left onto the road. Walk along the road with Allt Dôl-llan woods (Allt means wooded slope in Welsh) to the right. After 150m the road bears to the right ① past the entrance to Three B Stud and starts to run steeply uphill. Pass the entrance to Dolhuan house, Beechwood house, as the road flattens out pass Farmyard Nurseries. After 700m the road bears rightwards and starts to gently ascend past Allt Fron-goch Woods.

Allt Fron-goch Woods to Penrhiw farm

Shortly after Fron-goch Woods, and 25m before, Fron-goch farm go through a gate ② on the right and follow an old track leftwards to an old iron farm gate. Follow the faint track horizontally across the hillside and at the field boundary turn right and ascend to a stile in the top left hand corner. Cross the next field diagonally rightwards to a metal gate. Enter a wide farm track and continue straight downhill (2 gates) through Penrhiw farm and the main road.

Penrhiw farm to the disused railway

Cross the busy road carefully to a gate (waymarked) and follow the track across the top of the field and into the woods. (*Alternative route – turn right out of Penrhiw farm and continue along the road for 250m to cross a stile entering the woods. Descend steps to reach the path described above*). The track runs gradually downhill for 200m to meet another forest track. Turn left and descend to a field with the river to the right ③. Cross the field diagonally to the left hand corner and a bridge. Cross the bridge and a stile to reach the disused railway.

Disused railway to Llandysul

Unfortunately the initial section of the railway track is not a right of way. Instead cross the stile on the opposite side of the track and follow the field boundary (Afon Gwyddil) to another stile and the main road. Turn right and follow the road for 150m to a kissing gate ④ and rejoin the railway line. Follow the railway for 1.3km to reach the main road (walk to the left of some old fencing when you near the road), turn right and cross the flyover. Follow the road for 250m to the T-junction (Half Moon Pub), turn right and follow the road through Pont Tyweli to the bridge over the Afon Teifi. Retrace your steps to the car park.